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## [NAVIGATING THE CURVE](#)

# [Making a Compelling Case for Core and Core Plus Strategies](#)

By: Vishal Khanduja, CFA | & Brian S. Ellis, CFA | February 20, 2024

A decade of extremely low interest rates followed by the Federal Reserve's aggressive policy normalization created a challenging environment for bond investors over the last two years. We see the environment for fixed income improving greatly from here for these reasons:

### KEY POINTS

- 1. Income:** Starting yields are near post-financial crisis highs and have been a reliable indicator of future returns.
- 2. Total Return:** The Fed has signaled a pivot from its restrictive stance, which has historically been a compelling time to increase duration in fixed income allocations.
- 3. Diversification:** Correlations between bonds and risk assets should normalize as the Fed cuts interest rates.

Against this backdrop, we believe multi-sector core and core plus strategies will generate attractive total returns and reclaim their traditional and critical role of providing investors with income and portfolio diversification. Active strategies with sector and quality flexibility have the best return prospects, in our opinion, given the broad range of uncertainties facing markets in 2024.

### Starting yields are near post-financial crisis highs.

Bond yields have surged over the past two years amid the most aggressive (both in magnitude and speed) Fed tightening since the 1980s. While yields have pulled back from recent highs, there is still a significant amount of total return to be made from current yield levels. And compared to equities, total returns tend to be less sensitive to market entry points because of the return cushion provided by the fixed income component—a cushion that is particularly sizeable today.

Investment-grade sectors have experienced some of the largest yield increases, with the nominal yield to worst<sup>1</sup> (YTW) on the Bloomberg U.S. Aggregate Index almost tripling since the start of 2022. Now higher-quality, longer-duration bonds are compensating investors much more than they have historically based on their level of risk versus non-investment-grade assets. We are seeing the lowest yield pick-up between U.S. aggregate and U.S. high yield issues in over a decade.

### Starting yields have been a reliable indicator of future returns.

High current yields bode well for core and core plus strategies, as they have historically served as a good proxy for future returns. For example, our research shows that, for high-quality fixed income portfolios, the long-term correlation between the starting yield of the Bloomberg U.S. Aggregate Index and the Index's subsequent five-year return is 0.94, as illustrated in Display 1. The correlation is the same or higher when looking at returns for subsequent six- through 10-year periods.

Correlations are also positive across time periods for individual sectors of the U.S. income market. That said, they are generally not as strong as correlations for the broad market index, highlighting the diversification benefits of core and core plus strategies. These types of multi-sector approaches not only help mitigate risk, they allow active managers to make relative-value calls between sectors and across the maturity and credit-quality spectrum.

Of the various fixed income sectors we evaluated, the predictive power of yield was weakest for lower-quality high yield bonds, reflecting their default risk. Because of the principal losses associated with defaults and variable liquidation outcomes, a below investment-grade-only bond allocation with, for example, a 6% yield might ultimately realize a lower yield.

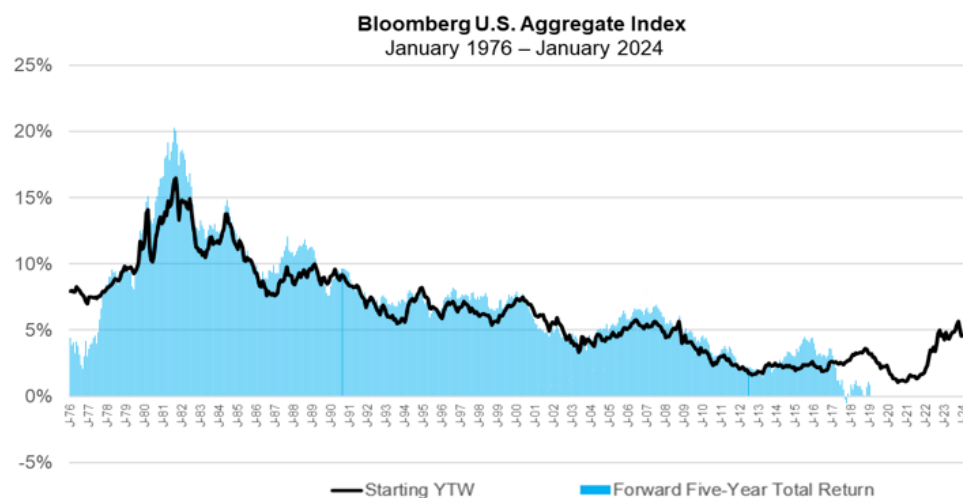
A diversified investment-grade portfolio typically has a much higher probability of earning its starting yield relative to a lower-quality fixed income portfolio, particularly one with much higher default risk. We believe this greater predictive power is especially important as we position client portfolios for an uncertain macroeconomic outlook with a high probability of a shallow to moderate recession.

### The Fed has signaled a pivot from its restrictive stance, which has historically been a compelling time to increase duration in fixed income allocations.

Underlying inflation in the U.S. has slowed considerably, with the change in the core PCE price index—the Fed's preferred inflation gauge—recently falling below the central bank's 2% target on a six-month annualized basis. In response, the FOMC has indicated that it has ended its rate hiking cycle and intends to pivot in 2024. Based on historical trends, this may be an opportune time to add duration. The 10-year Treasury yield has rallied after the Fed's final rate increase in each of the past five tightening cycles.

### Display 1: Current Yields Versus Forward Returns

Starting yields on the Bloomberg U.S. Aggregate Index are strongly correlated with the Index's subsequent five-year total return. With yields near their highest levels since 2008, the return profile of Agg-based strategies looks very attractive.



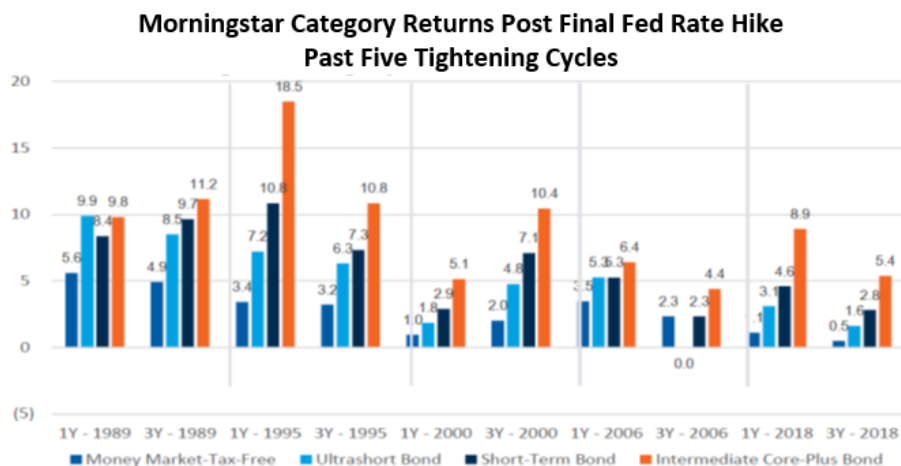
Sources: Eaton Vance Management and Bloomberg, as of 1/31/2024. The YTW and forward five-year annualized total returns for Bloomberg U.S. Aggregate Index are shown above. Historical correlation based on monthly observations. The chart shown above is for illustrative purposes only. Past performance is no guarantee of future results. It is not possible to directly invest in an index.

Should rates fall over the year as we envision, core and core plus strategies with intermediate-term durations have the potential to generate total returns that are substantially higher than current yields—yields near post-crisis highs. This type of environment is less beneficial for lower-quality, higher-leveraged income sectors due to their much lower sensitivity to interest rates (lower effective durations). Moreover, we believe many of the lagged effects of cumulative Fed tightening will continue to play out, and that slowing growth and accelerating defaults will pressure lower-quality sectors. So within an actively managed multi-sector construct, a focus on quality seems warranted at this time.

Historical performance patterns lend additional support to our favorable outlook for intermediate-duration strategies. As shown in Display 2, intermediate core plus bond funds produced attractive total returns in one- and three-year periods after the final Fed hike of the last five tightening cycles. Beyond delivering attractive absolute returns, intermediate core plus funds outperformed various short-duration strategies in all three-year periods and nearly all one-year periods—in most cases, by significant margins. In our view, this strongly suggests that investors should be minimizing cash and cash equivalents and moving further out the curve.

### Display 2: The Opportunity Cost of Staying in Short-Duration Strategies

Intermediate core plus bond portfolios have generally produced much higher total returns than shorter-duration assets following the Fed's last rate increase of the cycle.



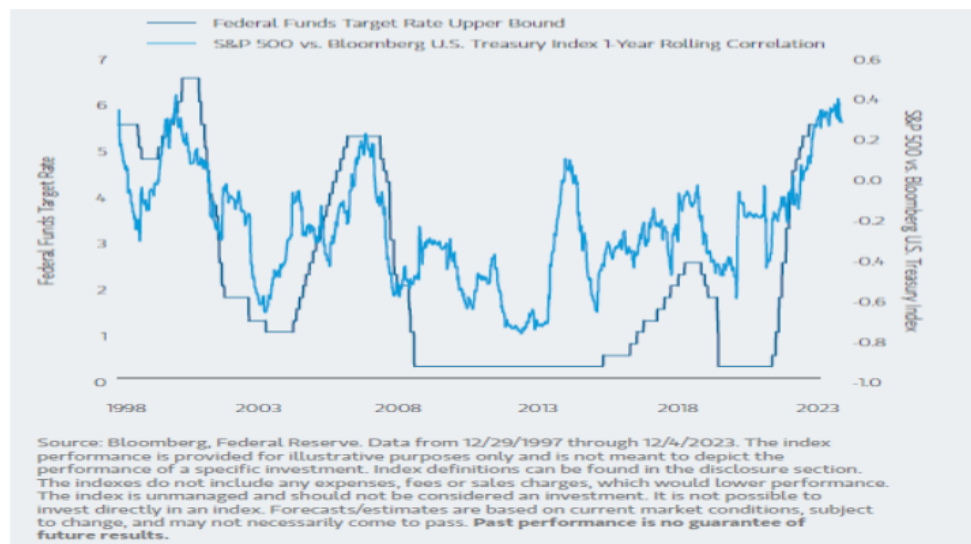
Sources: Morningstar. As of 11/30/2023. Returns for periods greater than one year are annualized. The category performance is provided for illustrative purposes only and is not meant to depict the performance of a specific investment. Past performance does not predict future results.

## Correlations between bonds and risk assets should normalize as the Fed cuts rates.

The deeply negative correlation of stocks and bonds was the linchpin to the attractive risk-return characteristics of balanced portfolios (60/40) in the years following the financial crisis. Then COVID-19 hit, and the correlation rose sharply as soaring inflation prompted the fastest increase in the federal funds rate since the FOMC began targeting it in 1982, as shown in Display 3. The Fed's pivot to rate cuts should lead to a lower stock-bond correlation in 2024.

### Display 3: How the Fed Funds Rate Influences Stock-Bond Correlation

Historically, higher frequency measures of the stock-bond correlation have risen as the Fed has hiked rates but fallen as investors began to anticipate monetary easing. We expect this dynamic to repeat itself in 2024.



**Bottom line:** We believe investors should give serious thought to increasing actively managed core and core plus exposure given the strong return profile of higher-quality, longer-duration U.S. fixed income. After a difficult two years, we see a compelling backdrop for fixed income in 2024. In fact, we think a global regime change characterized by deglobalization, higher structural inflation, quantitative tightening, increased geopolitical risk and higher government debt suggests that 2024 is the start of a new era for fixed income investing. Under this scenario, we believe active core fixed income will resume its traditional and critical role of providing investors with income and portfolio diversification.

We also believe investors can enhance the return profile of core and core plus fixed income by allocating to strategies with the flexibility to capitalize on relative value opportunities identified through bottom-up fundamental research. We anticipate many such opportunities in 2024 as variability in economic, monetary policy and geopolitical outcomes lead to market volatility and meaningful valuation dispersion among sectors, industries and securities. And while we are currently emphasizing quality in portfolios, there may be opportunities for actively managed core plus strategies to invest in non-investment-grade assets to further enhance returns.

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<sup>1</sup> Yield to worst is a measure that reflects the lowest potential yield earned on a bond without the issuer defaulting. The yield to worst is calculated by making worst-case scenario assumptions by calculating the returns that would be received if provisions, including prepayment, call or sinking fund, are used by the issuer.

The index performance is provided for illustrative purposes only and is not meant to depict the performance of a specific investment. **Past performance is no guarantee of future results.**

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